



# Emergency Check List

**In an emergency, anyone can help!** After you called 911 and are in a safe location away from danger, here is a checklist to help keep you organized and calm until help arrives.



## Before help arrives:

- Clean up toys** or anything on the floor that could get in the way for first responders and emergency services professionals
- Put pets away**
- Keep small children occupied** in another room away from the emergency
- Unlock the front door**



## When help arrives:

- Be prepared to give more details** about the emergency to EMS
- Keep small children away** from EMS
- Ask them** what hospital your loved one is being taken to
- Provide them with any medications** your loved one might be taking – especially important in those with serious illnesses, or older adults, who may be on a number of different prescriptions



## When help leaves:

- Lock the door**
- Call family members** to inform them about the emergency

